

Home Total Parenteral Nutrition Therapy (TPN) Monitoring Log

While you're on Home Parenteral Nutrition (HPN) therapy, your doctor may want you to track your weight, blood sugar, temperature and intake/output. You can record all this information for your doctor and home nutrition team using the log below.

Week of:							
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date							
Hours of infusion							
IV site changes (note any unusual issues such as redness or drainage)							
Intake (TPN, IV infusion volume, amount of liquid by mouth, feeding tube, etc.)							
Output (amount in ounces or mL, urine, stool, ostomy, fistula and/or drains)							
Temperature (same time daily, at least 15 minutes after eating, drinking or smoking)							
Weight (daily at the same time in the afternoon or 1 hour before infusion)							
Unusual symptoms (chills, nausea)							
Blood Sugar testing during TPN (for cycled TPN 2 hours after infusion initiation and 30 to 60 minutes after completion of infusion)	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour	1 hour
	middle	middle	middle	middle	middle	middle	middle
	1 hour after	1 hour after	1 hour after	1 hour after	1 hour after	1 hour after	1 hour after